

EARLY LEARNING CENTER

Weekly Menu

Oct. 1 - 5, 2018 #4		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG Cheerios Cereal 100% fruit juice Milk	Banana Bread Apples Milk	Cereal 100% fruit juice Milk	Bagels Oranges Milk	Pancakes with syrup Peas Milk	
Lunch	Chicken nuggets Buttered bread Carrots Applesauce Milk	Meatloaf Buttered noodles Peas Pineapple Milk	Baked ham WG Buttered Bread Mashed potatoes Peaches Milk	Pork broccoli WG Brown Rice Wax beans Tropical fruit Milk	Meat & cheese Lasagna with WG Noodles Green beans Fruit cocktail / Milk	
Snack	Cheddar cracker Fruit cocktail Water	WG Toast Sliced cheese Water	HM Trail Mix Bananas Water	Toasted English muffin With cheese Water	Cucumbers Pretzels w/ ranch dip Water	

Early Learning Center

Weekly Menu

Oct. 8 - 12, 2018 #5		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG Cheerios Cereal 100% fruit juice Milk	WG Toast Apples Milk	Cereal 100% fruit juice Milk	English Muffins Pears Milk	HM Zucchini bread Pineapple Milk	
Lunch	Taco casserole w/ hamburger & cheese Buttered bread Carrots Pineapple / Milk	Baked beans Cheese dunkers Peas Pears Milk	HM Beef Stew w/ mixed veggies WG Buttered Bread Tropical fruit Milk	Chicken w/ WG Brown Rice Corn Peaches Milk	Scrambled eggs Buttered bread Green beans Fruit cocktail Milk	
Snack	Ricecakes Yogurt Water	Buttery Rounds Cracker Carrots Water	Mini Turkey Sandwich Water	Saltine crackers Bananas Water	WG Cheerios Cereal with milk Water	

Early Learning Center

Weekly Menu

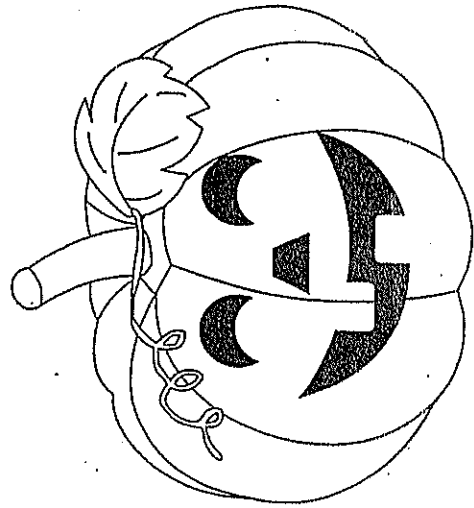
October 15 - 19, 2018 #6		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG Cheerios Cereal 100% fruit juice Milk	Bagels Oranges Milk	Cereal 100% fruit juice Milk	English Muffins Bananas Milk	WG French Toast Applesauce Milk	
Lunch	Homemade Beef noodle Casserole/ Peas Peaches Milk	HM Multi Bean soup Grilled cheese with WG Bread Fruit cocktail Milk	Pork-broccoli w/ WG Brown Rice Casserole/Carrots Pineapple Milk	Chili w/meat and WG noodles Corn/peas Saltine crackers Milk	Turkey sandwich Green beans Tropical fruit Milk	
Snack	HM Chest Mix Cottage Cheese Water	Saltines Tropical Fruit Water	HM Zucchini Bread Apple slices Butterscotch Dip Water	Cheese cubes Wheat cracker Water	Snack Cracker Hard boiled egg Water	

Cereals – Great Value Corn Squares
Great Value Rice Squares
General Mills Cheerios

100% fruit juice - Apple
White Grape
Tangerine

WG = Whole Grain
WGR = Whole Grain-itch
HM = homemade

Milk – 1 year olds and under = whole milk
All others = 1% milk



Early Learning Center #1

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal 100% fruit juice Milk	Toast Peaches Milk	WG Cheerios Cereal 100% fruit juice Milk	Banana Bread squares Oranges Milk	Cream of wheat Applesauce Milk
Hamburger/pizza hotdish w/ noodles Corn Tropical fruit Milk	Homemade chicken pot pic Buttered WG Noodles Mixed veggies Pears /Milk	Hot dogs on a bun French fries Fruit cocktail Milk	HM Ham & potato soup w/ shredded cheese Saltines Peaches Milk	HM Mac & Cheese Peas Pineapple Milk
Turkey Pinwheels on WG Tortilla Water	Apples Milk	Cheddar crackers Bananas Water	Hard Boiled Egg WG Snack Crackers Water	WG Waffle Pears Water

Cereals – Great Value Corn Squares
Great Value Rice Squares
General Mills Cheerios

100% fruit juice - Apple
White Grape
Tangerine

WG = Whole Grain
WGR = Whole Grain Rich
HM = homemade

Milk – 1 Year olds and under = whole milk
All others = 1 % milk

Early Learning Center #2

Monday	Tuesday	Wednesday	Thursday	Friday
WG Cheerios Cereal 100% Fruit Juice Milk	WG Oatmeal Muffin Squares Pears Milk	Cereal 100% fruit juice Milk	Bagels Bananas Milk	WG French Toast Applesauce Milk
BBQ on a bun Wax beans/ pickle Fruit salad Milk	Ham & scalloped potatoes Buttered bread Pineapple Milk	Green bean/water tot hamburger casserole Buttered bread Tropical fruit Milk	Chicken with WG Brown Rice Peas Peaches Milk	Pork & Gravy Mashed potatoes Buttered Bread Pears Milk
Cheese slices Snack cracker Water	Pretzels Carrots Water	WG Ricecake Yogurt Water	Toast Apples Water	Wheat buttery ckers Oranges Water

