

Early Learning Center **Weekly Menu**
 Jan. 28 - Feb. 1, 2019 #3

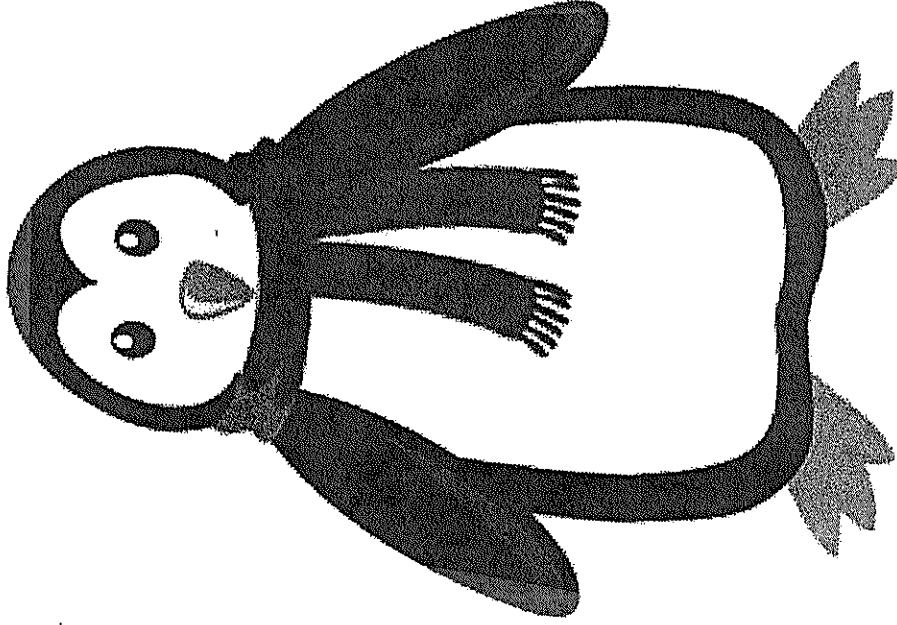
	Monday	Tuesday	Wednesday	Thursday	Friday
	WG Cheerios Cereal 100 % fruit juice Milk	Toast Oranges Milk	Cereal 100% fruit juice Milk	WG Oatmeal Applesauce Milk	WG Waffles Fruit cocktail Milk
Lunch	Cheesy tuna bake with noodles Green Beans Fruit cocktail Milk	Spaghettie w/ meatsauce WG Spaghettif noodles Peas Pineapple Milk	HM Beef Stew w/ mixed veggies WG Buttered Bread Pears Milk	Chicken Vegetable noodle soup Saltine crackers Peaches Milk	Ham sandwich Broccoli/caulif/carrot Corn chips Tropical Fruit Milk
Snack	English Muffins Apples water	HM Zachinni Bread Tropical fruit Water	Ham Roll ups Bananas Water	Wheat crackers Cucumbers Water	Cereal w/ milk Water

100% Fruit Juice – Apple
 White Grape
 Tangerine

Cereals - Great Value Corn squares
 Great Value Rice squares
 General Mills Cheerios

WG = Whole Grain
 WGR = Whole Grain Rich
 HM= Homemade

Milk – 1 year olds and under = whole milk
 All others = 1% milk



Early Learning Center

Weekly Menu

12-31-2018 - 1-4-2019 #5		Monday	Tuesday	Wednesday	Thursday	Friday
	WG Cheerios Cereal 100% fruit juice Milk	WG Toast Apples Milk	Cereal 100% fruit juice Milk	English Muffins Pears Milk	HM Zucchini bread Pineapple Milk	
Lunch	Taco casserole w/ hamburger & cheese Buttered bread Carrots Pineapple / Milk	Baked beans Cheese dunkers Pears Pears Milk	HM Beef Stew w/ mixed veggies WG Buttered Bread Tropical fruit Milk	Chicken w/ WG Brown Rice Corn Peaches Milk	Scrambled eggs Buttered bread Green beans Fruit cocktail Milk	
Snack	Apple Cinnamon Ricecakes Yogurt Water	Buttery Rounds Cracker Carrots Water	Mini Turkey Sandwich Water	Saltine crackers Bananas Water	WG Cheerios Cereal with milk Water	

Cereals - Great Value Corn squares
Great Value Rice squares
General Mills Cheerios

100% Fruit Juice - Apple
White Grape
Tangerine

Early Learning Center

Weekly Menu

Jan. 7 - 11, 2019 #6		Monday	Tuesday	Wednesday	Thursday	Friday
	WG Cheerios Cereal 100 % fruit juice Milk	Bagels Oranges Milk	Cereal 100% fruit juice Milk	English Muffins Bananas Milk	WG French Toast Applesauce Milk	
Lunch	Homemade Beef noodle Casserole/ Peas Peaches Milk	HM Multi Bean soup Grilled cheese with WG Bread Fruit cocktail Milk	Pork-broccoli w/ WG Brown Rice Casserole/Carrots Pineapple Milk	Chili w/meat and WG noodles Corn/peas Saltine crackers Milk	Turkey sandwich Green beans Tropical fruit Milk	
Snack	HM Chex Mix Cottage Cheese Water	Saltines Tropical Fruit Water	HM Zucchini Bread Apple slices Butterscotch Dip Water	Cheese cubes Wheat cracker Water	Snack Cracker Hard boiled egg Water	

Milk - 1 year olds and under = whole milk
All others = 1% milk

WG = Whole Grain
WGR = Whole Grain Rich
HM= Homemade

Early Learning Center

Weekly Menu

Jan. 14 - 18, 2019 #1		Monday	Tuesday	Wednesday	Thursday	Friday
	Cereal 100 % fruit juice Milk	Toast Peaches Milk	WG Cheerios Cereal 100% fruit juice Milk	Banana Bread squares Oranges Milk	Cream of wheat Applesauce Milk	
Lunch	Hamburger pizza hotdish w/ noodles Corn Tropical fruit Milk	Homemade chicken pot pie Buttered WG Noodles Mixed veggies Pears / Milk	Hot dogs on a bun French fries Fruit cocktail Milk	HM Ham & potato soup w/ shredded cheese Saltines Peaches Milk	HM Mac & Cheese Peas Pineapple Milk	
Snack	Turkey Pinwheels on WG Tortilla Water	Apples Milk	Cheddar crackers Bananas Water	Hard Boiled Egg WG Snack Crackers Water	WG Waffle Pears Water	

Early Learning Center

Jan. 21 - 25, 2019 #2		Monday	Tuesday	Wednesday	Thursday	Friday
	WG Cheerios Cereal 100% Fruit Juice Milk	WG Oatmeal Muffin Squares Pears Milk	Cereal 100% fruit juice Milk	Bagels Bananas Milk	WG French Toast Applesauce Milk	
Lunch	BBQ on a bun Wax beans/ pickle Fruit salad Milk	Ham & scalloped potatoes Buttered bread Pineapple Milk	Green bean/ater tot hamburger casserole Buttered bread Tropical fruit Milk	Chicken with WG Brown Rice Peas Peaches Milk	Pork & Gravy Mashed potatoes Buttered Bread Pears Milk	
Snack	Cheese slices Snack cracker Water	Pretzels Carrots Water	WG Ricecake Yogurt Water	Toast Apples Water	Wheat buttery ckers Oranges Water	