

EARLY LEARNING CENTER

Weekly Menu

June 29- July 3, 2020		#3			
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal 100% fruit juice Milk	English muffin Apples Milk	WG Cereal 100% fruit juice Milk	Muffins Bananas Milk	Waffles w/ syrup Pears Milk
Lunch	Oriental Holdish w/ beef & WG Rice Mixed veggies Fruit Cocktail Milk	Egg Bake Buttered WG bread Carrots applesauce Milk	Hot ham & cheese on a bun Corn Tropical fruit Milk	Green bean/fater tot Casserole Buttered WG bread Pineapple Milk	Homemade chicken Pot pie Buttered WG noodles Mix veggies/peaches Milk
Snack	Pretzels Pears Water	Rice cakes Yogurt Water	Oranges Mini bagels Water	Snack crackers Sliced cheese Water	Wheat crackers Sliced cucumbers Water

Cereals - Great Value Corn squares
Great Value Rice squares
General Mills Cheerios



WG = Whole Grain
MGR = Whole Grain rich
HM = Homemade

Milk - 1 year olds and under = whole milk
All others = 1% milk

Early Learning Center

Weekly Menu

July 6-10, 2020		#4			
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal 100% fruit juice Milk	HM Muffin squares Fruit cocktail Milk	WG Cherritos 100% fruit juice Milk	WG Toast Bananas Milk	French WG toast Pineapple Milk
Lunch	Spanish WG rice with beef Green Beans Pineapple Milk	Chicken Ranch Salad with WG Pasta Peas Peaches Milk	Hot dog on a bun Baked beans Watermelon Milk	BBQ on a bun Corn Tropical fruit Milk	Egg salad sandwich Carrots Pears Milk
Snack	Animal Crackers Oranges Water	Bagels w/ cream cheese Carrot sticks Water	Cheex mix Apples Water	Sliced cheese Wheat crackers Water	Graham crackers Yogurt Water

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Weekly Menu

July 13-17, 2020		#5			
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal 100% fruit juice Milk	WG Toast Fruit cocktail Milk	Cereal 100% fruit juice Milk	WG Oatmeal Applesauce Milk	English Muffins Apples Milk
Lunch	Green Bean - Fater tot Casserole Buttered WG bread Pineapple Milk	Hot pork sandwich Peas Peaches Milk	Pizza holdish with WG noodles Carrots Pears Milk	Chicken nuggets Buttered Bread Mashed potatoes Tropical fruit Milk	Baked beans Grilled cheese sandwich on WG bread Fruit cocktail Milk
Snack	Graham crackers Bananas Water	Hard cooked eggs Snack crackers Water	Cheddar crackers Fresh fruit Water	Cheese cubes Wheat crackers Water	Pretzels Pineapple Water

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Weekly Menu

July 20-24, 2020		#6			
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal 100% Fruit Juice Milk	Banana Bread Apples Milk	WG Cherritos 100% fruit Juice Milk	English muffin Bananas Milk	Waffles w/ syrup Pears Milk
Lunch	Spaghetti WG noodles w/ meatsauce Green Beans Pears Milk	Pork-broccoli casserole with WG Rice Corn Tropical Fruit Milk	HM mac & cheese w/ noodles Peas Fruit cocktail Milk	Beans & weenies Buttered WG bread Carrots Pineapple Milk	Ham sandwich on WG bread Mixed veggies Peaches Milk
Snack	Watermelon Salines Water	Rice cakes Yogurt Water	Mini bagels Applesauce Water	Sliced cucumbers Wheat cracker Water	Graham Cracker Oranges Water

Early Learning Center **Weekly Menu**

July 27-31, 2020		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG Cherrifos		Bagels	Cereal	WG Toast	Pancakes w/ syrup
	100 % fruit juice		Apples	100% fruit juice	Tropical fruit	Bananas
	Milk		Milk	Milk	Milk	Milk
Lunch	Homemade beef stew	Chicken & WG rice	Taco casserole		Egg bake	Tuna salad made
	Mixed veggies	Green Beans	Buttered WG bread		Buttered bread	w/ WG noodles
	Buttered bread	Peaches	Wax beans		Carrots	Pineapple
	Tropical fruit	Milk	Pears		Fruit cocktail	Peas
	Milk		Milk		Milk	Milk
Snack	Rice cakes	Cheddar Crackers	Animal cracker		English muffin	HM Trail mix
	Pears	Cottage cheese	Oranges		Cheese slices	Applesauce
	Water	Water	Water		Water	Water

