

EARLY LEARNING CENTER

WEEKLY MENU

Aug. 4-8, 2025 #3				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Cereal 100 % fruit juice Milk	English muffin Apples Milk	WG Cereal 100% fruit juice Milk	Muffins Bananas Milk	Waffles w/ syrup Pears Milk
Lunch Oriental Hotdish w/ beef & WG Rice Mixed veggies Fruit Cocktail Milk	Egg Bake Buttered WG bread Carrots applesauce Milk	Hot ham & cheese on a bun Corn Tropical fruit Milk	Green bean/tater tot Casserole Buttered WG bread Pineapple Milk	Homemade chicken Pot pie Buttered WG noodles Mix veggies/peaches Milk
Snack Pretzels Pears Water	Rice cakes Yogurt Water	Oranges Mini bagels Water	Snack crackers Sliced cheese Water	Wheat crackers Sliced cucumbers Water

Milk-1year old and under = whole Milk 100% fruit juice

All other ages = 1% milk

Apple, white grape, tangerine

(Key) WG = Whole grain WGR= Whole grain rich HM= home made.



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Weekly Menu

Aug. 11-15, 2025 #4				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Cereal 100% fruit juice Milk	HM Muffin squares Fruit cocktail Milk	WG Cherrios 100% fruit juice Milk	WG Toast Bananas Milk	WG Oatmeal Applesauce Milk
Lunch Spanish WG rice with beef Green Beans Pineapple Milk	Chicken Ranch Salad with WG Pasta Peas Peaches Milk	Hot dog on a bun Baked beans Watermelon Milk	BBQ on a bun Corn Tropical fruit Milk	Meat & Cheese Lasagna Green Beans Fruit cocktail Milk
Snack Animal Crackers Oranges Water	Toasted Bagels Carrot sticks Water	Chex mix Apples Water	Sliced cheese Wheat crackers Water	Cucumbers Pretzels w/ ranch dip Water

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Weekly Menu

Aug. 18-22, 2025 #5				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Cereal 100% fruit juice Milk	WG Toast Fruit cocktail Milk	Cereal 100% fruit juice Milk	WG Oatmeal Applesauce Milk	English Muffins Apples Milk
Lunch Green Bean-Tater tot Casserole Buttered WG bread Pineapple Milk	Hot pork sandwich Peas Peaches Milk	Pizza hotdish with WG noodles Carrots Pears Milk	Chicken nuggets Buttered Bread Mashed potatoes Tropical fruit Milk	Baked beans Grilled cheese sandwich on WG bread Fruit cocktail Milk
Snack Graham crackers Bananas Water	Hard cooked eggs Snack crackers Water	Cheddar crackers Fresh fruit Water	Cheese cubes Wheat crackers Water	Pretzels Pineapple Water

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Weekly Menu

Aug. 25-29, 2025 #6				
Monday	Tuesday	Wednesday	Thursday	Friday
Break fast Cereal 100% Fruit Juice Milk	Banana Bread Apples Milk	WG Cherrios 100% fruit Juice Milk	English muffin Bananas Milk	Waffles w/ syrup Pears Milk
Lunch Spaghetti WG noodles w/ meatsauce Green Beans Pears Milk	Pork-broccoli casserole with WG Rice Corn Tropical Fruit Milk	HM mac & cheese w/ noodles Peas Fruit cocktail Milk	Beans & weenies Buttered WG bread Carrots Pineapple Milk	Ham sandwich on WG bread Mixed veggies Peaches Milk
Snack WG Rice cakes Yogurt Water	Watermelon Saltines Water	Mini bagels Applesauce Water	Sliced cucumbers Wheat cracker Water	Graham Cracker Oranges Water